

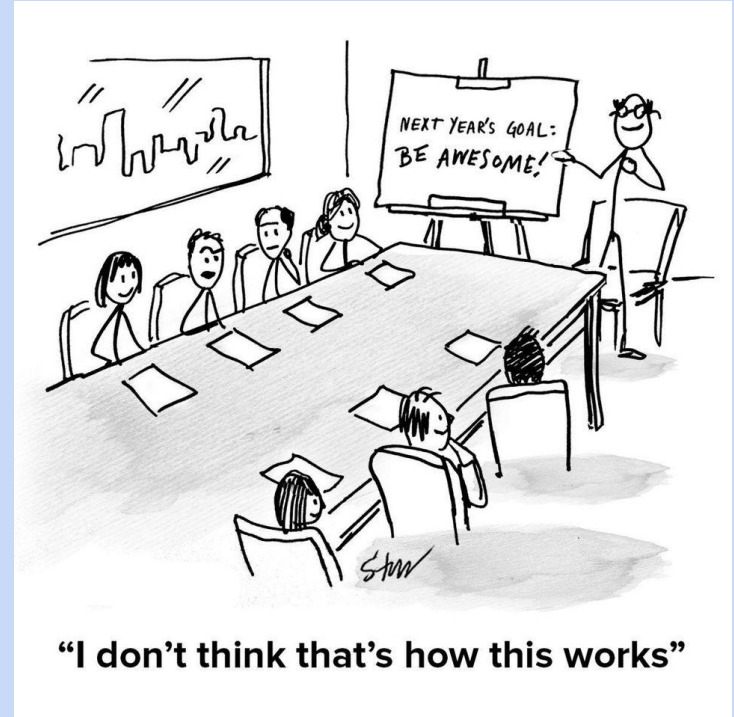
# January Portvisory

Goal Setting



# Agenda

- 1) All School Read
- 2) Goal Setting Brainstorm
- 3) Goal Setting



# Article Discussion Questions

1. How can struggle help you?
2. The author talks about having a mindset of “discovery and curiosity.” What could this mindset look like in your classes at CCLCS?
3. How do you think teachers can best support students in learning how to struggle effectively?

# Goal Setting Brainstorm

- What is something you currently struggle to do?
- What *steps* could help you get even just a little bit better in that area?
- Therefore, what would a good goal for you this winter be?

Goals can be about academics, sports, music, hobbies, technology use, your day to day routine.

# Goal Examples

1. “Between now and March I will practice my saxophone 4x a week for 20 minutes each practice..”
2. “Between now and March I will finish two independent reading books by reading 20 min every night.”
3. “Between now and March I will wake up earlier by only push snooze one time a morning on school mornings.”

