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Teacher(s)

Be Like Hundertwasser**Ms. Wilkinson**

"The straight line leads to the downfall of our civilization." - Friedensreich Hundertwasser

Hundertwasser (meaning "Peace-Kingdom-Hundred-Waters") was an Austrian born artist, architect, and ecological activist. His art was bold, colorful, and definitely showed his dislike for squares and straight lines. Google him and check out some of his art. In this seminar, we will have a lot of fun creating art inspired by Hundertwasser. From his love of spirals to his nature-inspired themes, we will learn about his innovative, unconventional style and spend our Friday afternoons together re-creating it.

Beginning Conversational French**Ms. Schwartz**

Have you ever wanted to learn some French? Join us for a fun exploration of basic French for beginners through speaking, listening and writing. We will be learning numbers, colors, basic vocabulary, and some introductory phrases for travel!

Calligraphy**Ms. Greenwood**

Many people have been fascinated by the art of lettering and calligraphy through the ages. Students will learn traditional and nontraditional methods of creating text using India Ink, markers, pens and brushes in this seminar. They will practice calligraphy styles including Roman, Gothic and Chancery Cursive to create works of art that incorporate beautiful lettering for greeting cards, murals and posters. They will learn about the history and development of these alphabets created by skilled artists throughout history and will also be encouraged to create their own unique font styles. Students will be invited to exhibit their work in the community.

Chess**Mr. Novak**

Play chess, and more -- discuss the long and storied history of chess, including its famous personalities, from the "raised to be genius" Polgar sisters and other women of chess, to Fisher and Kasparov, to the current world champion Magnus Carlsen. We will discuss the role of computers in chess, and how computers have managed to become formidable challengers through algorithmic approaches to piece value and positional value. Students will learn how to use a chess clock, read and record algebraic notation and standard notation, and enjoy chess variants, like the fast-paced multiplayer version of chess called Bughouse. Note: Students MUST create an account on the website <http://lichess.org/signup> You may be asked to solve a chess puzzle as a CAPTCHA. If you need help signing up, please contact Mr. Novak.

Community Service**Mr. Bates**

This is your chance to help enhance and improve our outdoor facilities here at CCLCS. We will tackle a variety of outdoor projects that will beautify our 11 acre campus. Projects will include trail maintenance, cleaning up the back and side of the school, as well as prepping gardens for the winter. But wait, there's more... Each week a small group of students will prepare an open fire meal / dessert for all the hard work we put into our community service. There will be a different food option each week. All students will receive 10 hours of community service that can apply to future honors society induction or for all organizations that require community service.

Finance & Assets**Coach Paul**

Take a beginner's look at the world of finance! In this seminar we will learn some of the basics about money, investments, assets, and risks. We will seek to understand why we need money, what money gets, different forms of currency, and what money can do. By the end of the seminar we will be able to differentiate between something that depreciates and something that appreciates as an asset. Begin to dive into the world financial markets through this seminar!

Game Night**Ms. Emily**

When was the last time you played Candy Land? Shoots & Ladders? Go Fish? Join this seminar to end your Fridays with a good old-fashioned family game night with your CCLCS "family" of peers! We will play classic favorites like Life and Monopoly, and explore some new contemporary hits like Ravine. Games will always be open to suggestion, so if you have a favorite at home feel free to bring it in to share with the crew!

Hiking Hawk's Nest**Ms. Haven**

Do you enjoy hiking and the outdoors? Are you curious about local history and how a state park came to be? Join Hiking in Hawk's Nest, a seminar where we will learn the history of the park and use GPS to make our own trail maps. We will look for evidence of vernal pools in the area and connect with groups in the community that are dedicated to keeping the park clean and pristine. Bring your enthusiasm for a solid hike, a backpack for packing out any trash we find, a water bottle for hydration, and wear proper clothing and shoes for hiking variable terrain in any weather (even rain or snow). Let's get outside and on the trails!

Just Write/Nanowrimo**Ms. Graham- Pye**

This seminar is an expansion of our annual "Write a Novel in a Month" seminar when students join hundreds of thousands around the world who try to write a novel in the month of November. Those who want to tackle the challenge will have the time and support to work on writing a novel in a month. Those who want to Just Write may use the time to have time and support to work on whatever kind of writing they want. We will work on developing a deck of prompt cards, and an inspiration box -- a special box containing different inspirations for all of our senses that can be used to add depth to our creative writing.

Lord of the Rings**Ms. Novak**

Come hang out in Middle Earth! In this seminar, we will engage with the Lord of the Rings trilogy. We will read parts of the books, watch parts of the movies, and do activities related to Lord of the Rings such as learning to write in Elvish, doing character drawing, making and studying maps, and maybe even making lembas bread.

Makey Makey & Scratch Space**Mr. Stewart**

Are you a CCLCS 7th or 8th grade student that wishes you still had XP? Do you miss your time spent coding and creating with Scratch and MakeyMakey? Are you curious about creating new ways to interact with and control our computers or make them work for us in new, creative ways? If you answered 'YES' to any of these then sign up and bring all of your cardboard scraps for some Friday afternoon fun in the XP room. (Sixth Graders: If you have decent skills in Scratch coding and have played with a MakeyMakey then talk to Mr Stewart about joining in. All 6th graders will get a chance to use both Scratch and MakeyMakey later this year.)

Musical Theatre**Mr. Girardin**

In this seminar, we will study music and musical theater from the perspective of graphic art. This includes Broadway posters, album covers, set design, and much more. We will create individual and collaborative projects to bring music and musical theater to our school halls and walls. These will include drawing and painting posters that represent the CCLCS history of our musical theater program. The school has done many Broadway shows including "Into the Woods," "Lion King," "Pirates of Penzance," "Guys and Dolls," "Mary Poppins," "Fiddler on the Roof," and many more!

Origami**Ms. Quenneville**

Origami, the ancient art of paper folding, has been around for centuries. People have literally been spending their time folding pieces of paper into incredibly cool forms for hundreds of years. Why, you ask? Well, the possibilities of what one can do with a single piece of paper are completely limitless. Even better, origami can be entertaining, calming, relaxing and even inspiring. Its process is known to access all parts of the whole human brain, thus making you smarter, more creative, more patient and much, much more. Throughout this seminar we will explore the many bends and folds of square pieces of paper, study origami artists in the world, and visit a local elementary school to share our enthusiasm for origami.

Paint Ignite**Ms. White**

Anyone looking to let their creativity out? This is not a class that encourages you to copy someone else. This class will start with everyone on a blank canvas. We will all follow a guide of how we interpret what we see and how we want our art to look. It's time to be yourself, and do something different. A place to gather your thoughts and relax. This experience is for everyone that can hold a paint brush. Sure, you'll learn a few tricks with step-by-step instructions, but this is far from serious. We will paint masterpieces that include characters, landscapes, people, and animals.

Psychology of Success**Mr. Crowell & Ms. Berner**

What do Serena Williams and Tom Brady have in common with Yo Yo Ma? Is excellence the product of good habits or talent? Are top performers born or made? The answer may have more to do with who you are than what you are than you realize. Success/winning involves more than rigorous training, intense competition, and no "offseason." This seminar is going to explore the basics of sports psychology and introduce you to the skills that are often left out of training and practice...the mental habits and attitude needed to be successful. We'll talk about developing confidence, staying calm under pressure, working through mistakes, creating a pre-game/comp routine, effective training methods, leadership, and more tools to keep you and those around you "in the zone." If you're looking to be your best and develop better tools to manage pressure on and off the field, come train with us. **Note we will NOT be playing any sports during this seminar or engaging in fandom.** We will train in the mental game, and, like practice, this training has to be taken seriously to be effective. Each student will create a Mental Game Playbook that will have strategies and techniques that can be applied to be the best at anything, sports or otherwise.

Roots and Shoots**Ms. Remillard**

Get out there into the community with Roots and Shoots! We'll start with some work in the school garden, plan another pollinator day for our school (go bees!), and make a map of potential service opportunities all around us. Take charge of the indoor garden and work on our food pantry project in this seminar. If you like to get organized and make a difference in your world, this is your seminar.

School Spirit/Event Planning**Ms. Ryan**

Are you ready to kick the CCLCS school spirit up a few notches? In this seminar, students take charge, creating activities to enhance and celebrate our school while also giving back to local communities. Within our school, students will create spirit week proposals, design, plan and execute our Field Day in the spring, plan school dances, decorate home rooms and hallways for different holidays and spirit weeks, (think "spookiest homeroom," "best ELF holiday hallway," "grade color wars," etc.) Within the larger community, students in this seminar will be in charge of spearheading Thanksgiving dinner community service events (think collecting can foods, turkeys and all the fixings to be dropped off at pantries and shelters) as well as bringing our annual Coin Drive for Children and Family Services of Cape Cod to the next level by turning it into a school wide competition. This seminar will also allow students opportunities to come up with ideas and activities they feel the school can benefit from for years to come!

Skating**Ms. Smith & Ms. Booras**

It is reported that more than 3,000 years ago people in Finland sharpened and strapped bones to their feet to navigate walking on ice. And so began ice skating. Today, thousands of people around the world lace up ice skates and take to an ice rink or frozen pond for fun and exercise. This seminar is for anyone who would like to spend their Friday afternoons skating. Because we have the ice to ourselves during this time **there is a \$25 fee per student for this seminar**. No skating experience required, and rental skates are available free of charge! Scholarships are available!

Spin & Play: Highland Band Style**Ms. La Rosa**

Have you ever seen a parade when a Highland band marches by with the bagpipes sounding, followed by the tenor drummers who spin the white fluffy topped mallets to accent the music in fun choreographed ways? Highland band tenor drumming is a lot of fun, it's visual and eye-catching and totally unique to Highland bands! Come learn more and try your hand at tenor mallet flourishes like spins and stalls, split the feather, pinwheels, figure eights and butterflies while also trying some introductory rhythms on the tenor drum. We'll also reserve some time to look at the different band roles, the bagpipes, bass, and snare drums to understand how they all come together to form the great tradition of a Highland pipes and drum band!

Teachers in Training**Ms. Garran**

If you love working with young children and have dreamed of being an elementary school teacher, this is your chance to gain some experience! Each week, we will go to the Laurel School where you will be assigned a student buddy. Together, you will work on projects, read stories and enjoy some free play. Bring your creativity and your collaborative spirit to this partnership.

What Do You Want to Be?**Ms. Woelflein**

Do you have any idea what type of job you would like to have in the future? Do you want to be a baseball player? A baker? Work in a hotel? Own your own factory? Let's get out there and meet some professionals and ask them questions about their jobs. Present your favorite job at the end of the seminar!

Understanding Your World Through Music**Senora**

Dick Clark, the iconic host for so many years of American Bandstand, was quoted to have said "Music is the soundtrack of your life." What are the songs that speak personally to you? In this music appreciation seminar, students will be given a chance to reflect on the social, emotional, cultural, and informational impact of music on their lives. They will be invited to create a musical map of their lives, illustrating the path that particular songs have played in accompanying them through their lives so far, and imagining through music where that path will lead them. Each student will also create a playlist that they will then be invited to play over the air as a guest deejay at Cape Cod's community radio station, womr. So if you are a music lover who sees your life in terms of a musical playlist, join others who share that passion and spend some time Understanding your world through music!