

[Link](#) to Choice Form, [Link](#) to Seminar Slides

Teacher(s)

**Book Club****Ms. Smith**

Calling all readers! This is a seminar for students who enjoy reading in a quiet environment and discussing books. Each week you'll have time to read and share what you're reading with other students. We'll create a list of CCLCS "Best Reads" and share these with the rest of the school. For this seminar you will need a book to read each week and a beach towel or beach chair to bring outside when the weather is nice!

**CCLCS Campus Glow Up****Mr. Stewart**

Do you enjoy imagining fresh new spaces and places around the CCLCS campus? Do you have a knack for carpentry, painting, or decorating? Do you want to give back to the CCLCS community? If you answered "Oh yes I do!" to any of those or just want to lend a hand to help spruce up the CCLCS campus inside and out, then please sign up for the CCLCS Campus Glow-Up seminar! We will identify campus needs, make a plan, identify tools and supplies we will need, and tackle a new project each week. Bring your ideas and a willingness to roll up your sleeves and get dirty- we could be painting picnic tables, decorating a 'staff lounge', or detailing our vans. (Limit 12)

**Coastal Exploration****Mr. Johnson**

In this seminar we will be going to different beaches and trails in Chatham, Orleans, Eastham and Harwich for nature walks and to see different iconic lighthouses: Stage Harbor Light, Three Sisters, Nauset Light, Chatham Light, etc. Students must be prepared for lots of walking and at a faster pace that might be too much for some. For non-trip days (first and last seminars) students will be watching the documentary Planet Earth.

**Dream Weavers****Ms. Greenwood**

Do you love working with yarn and string? Students in this seminar will explore a variety of weaving and knotting techniques as they create functional objects such as bags, baskets and fashion accessories using synthetic and natural materials. We will "upcycle" T-Shirts to make colorful yarn that can be woven and knitted. You will also learn nautical knotting such as "monkey's fists" and create dream catchers.

**Explore Cape Cod****Ms. Anziano**

Cape Cod is one of the most popular summer vacation destinations on the east coast, but it is also one of the most expensive to visit. Often, those who live here take this beautiful place for granted. There is so much more to our home than a price tag, from the gorgeous shore lines, to reduced museums for students, to local businesses. Each week of this seminar, we will explore some of the free and low-cost options Cape Cod has to offer, and meet with seasonal business owners to learn about what it's like to live and work on this sandbar we call home. Student suggestions and input for places to visit is greatly encouraged!! Students may wish to bring some optional pocket money on some to be determined Fridays to purchase local goods!

**Field Hockey****Ms. Quenneville, Ms. Haven**

Have you ever wanted to learn to play field hockey? Maybe you have played before or might even be on a team. Either way, this is the seminar for you! We will learn and practice skills, do drills, watch game clips, and scrimmage. You will need a field hockey stick (but we have extras!), sneakers or cleats, a mouth guard, and shin guards to participate. See you on the field!

**Follow Your Calling****Ms. Z, Ms. Kelemen**

Not enough time in your day? Looking for a set time to complete your own independent projects? This seminar gives kids the time to work on what they enjoy.. Drawing, painting, bracelet making, etc. Be around people with similar interests, and possibly make new connections. We will set goals at the start of the seminar, and will work towards displaying a final product by the end of our time together. STUDENTS ARE TO BRING THEIR OWN MATERIALS

- \* Vision board
- \* Drawing and Painting
- \* Bracelet making
- \* Creating comic books
- \* Needlework

**Gardening****Ms. Joseph, Ms. Hutton**

Let's get the CCLCS garden growing! Be prepared to get your hands dirty. We will clean up the existing garden and get it ready to plant seeds and seedlings. We will pick which vegetables and flowers to grow, and then get the seeds started. There will be some research to find out what vegetables should and shouldn't be grown next to each other, and some beneficial plants to help keep the pests away!

**Goal Setting, Leadership and Basketball****Mr. St. Martin**

This seminar is for those girls and boys who are interested in developing themselves as people and players. Each Friday we will spend time in the classroom learning about how to set goals, be a leader, and be a better teammate. Then we will hit the courts to do a bunch of skill development to grow your game. Notebook is required. Are you ready to challenge yourself? Are you ready to grow?

**Golf****Mr. Bates**

Golf is a sport that can be played for your whole life. Learning the basics and fundamentals at a young age is proven to make people better golfers. Join Mr. Bates at Cranberry Valley and Captains course to learn and practice the basics of how to putt, hit irons, and drive the ball over 200 yards. All aspects of the game will be taught including the rules and etiquette needed to succeed on the golf course. The seminar will conclude with a real match in the last session. PARENT DRIVERS ARE NEEDED. ***Email seminar coordinator Ms. Kast (hkast@cclcs.info) if you can volunteer to drive ASAP***

**Introduction to Birding****Mr. Crowell**

The middle school birding seminar will explore the world of birds. From identifying local species to understanding their habitats and behaviors, this seminar offers an opportunity for young nature enthusiasts to appreciate the realm of ornithology. We will be leaving weekly for a new birding destination. Binoculars are encouraged.

**Kindness Rocks Project****Ms. Woelflein**

Let's create and spread kindness in our communities! We will hit the beaches in search of the perfect canvas (rocks) to paint our messages of kindness, hope, and inspiration. After creating our masterpieces, we will jump into our CCLCS vans in search of the perfect places to plant them!

**Lego Masters****Mr. Crash**

Think you have what it takes to be a Lego Master?? In this seminar, students will be challenged in teams to innovate and create lego masterpieces each week! Bring your creativity, problem solving and lego skills!!

**Movie Analysis****Ms. Berner**

What makes a movie a classic? Why is it that some movies seem to pass the test of time - remaining popular decades later - while others may experience their 5 minutes of fame before becoming quickly forgotten. Why are some plot lines, like Cinderella, repeated and redone time and time again. In this seminar we will watch some of the tried and true favorites that have captured the attention of generations, and whose taglines have become common language, and decide why. Become a movie analyst! Watch and rate movies for elements like, plot line, character development, writing, genre, and cinematography to see if we can find the common denominators and predict which movies of this time will be the next classics. Discussion and analysis will be the basis for grade in this seminar. (Movies are rated PG - parents please keep in mind some pg ratings from the 70s, 80s, and 90s may look more like PG13 today)

**Mural Painting****Ms. Booras**

Come help transform the 8th grade English classroom into a realm of creativity with a vibrant mural. You will become the skilled artist who will be responsible for crafting a masterpiece that will be seen by hundreds of students throughout the years. As a united group we will elevate this educational space with a custom mural that fosters positivity and inspiration.

**The Creative Way****Mr. Haughton**

This creative writing seminar is an invitation to discover your voice as a writer and artist. Rick Rubin says that, "Creativity is a fundamental aspect of being human. It's our birthright." This seminar will help students find their creative voice through weekly prompts and inspirational material. Join us on Friday afternoons & let your creativity shine.

**Understanding Your World Through Music****Senora HM**

Dick Clark, the iconic host for so many years of American Bandstand, was quoted to have said "Music is the soundtrack of your life." What are the songs that speak personally to you? In this music appreciation seminar, students will be given a chance to reflect on the social, emotional, cultural, and informational impact of music on their lives. They will be invited to create a "musical map" of their lives, illustrating the path that particular songs have helped to create in their lives so far, and imagining through music where that path will lead them in the future. Each student will also create a playlist that they will then be invited to play over the air as a guest deejay at Cape Cod's community radio station, WOMR. So if you are a music lover who sees your life in terms of a musical playlist, join others who share that passion and spend some time Understanding Your World Through Music!

**We are Lightkeepers****Ms. GP**

CCLCS has been given the responsibility and gift of a large collection of photographs taken during the Civil Rights Movement. Many of these photographs are familiar and famous images of historic moments. Museums and libraries around the Cape have asked to use the images in exhibitions. CCLCS recently hosted a summer exhibit, and has plans for exhibitions. Cape Cod today is home to many people who participated in the Civil Rights Movement, many of whom are getting older. We need to hear their stories before it's too late. Using the photographs as central talking points, students will interview people who worked to change the U.S. Constitution to improve rights for people. Students will record those stories and create a single video and document which, in turn, will be used to help illustrate the stories behind the images in future exhibitions of this work.

**Willy Wonka, Continued****Mr. Girardin**

Willy Wonka Musical Seminar 2. Full Cast gets back together to finish staging and present our school musical on May 17 and 18 at the cultural Center in Harwich!!!!

**Zentangles**

Want a relaxing way to unwind at the end of the week? The Zentangle Method is "an easy-to-learn, relaxing, and fun way to create beautiful images by drawing structured patterns." In this seminar students will create pieces of art using different tangles. During each class, students will be introduced to new tangles and projects. Join us to explore a way of drawing that helps promote creativity, focus and calm!